

Fort Myers Beach Parks and Recreation Class/Activity Schedule

<u>Day</u>	<u>Class/Activity</u>	<u>Time</u>	<u>Location</u>
Monday	Pilates	9:00am	Newton Park
	Open Basketball	6:00pm	Gym
Tuesday	Yoga (LP)	7:45am	Senior Room
	Yoga (SC)	5:45pm	Newton Park
	Open Roller Hockey– Adult	6:00pm	Tennis Court
	Open Volleyball	6:00pm	Gym
Wednesday	Pilates	9:00am	Newton Park
	Pickleball	10:00am	Gym
	Open Basketball	6:00pm	Gym
Thursday	Yoga (LP)	7:45am	Senior Room
	Open Basketball	6:00pm	Gym
Friday	Yoga (CD)	8:15am	Newton Park
	Yoga (CD)	9:15am	Newton Park
	Open Roller Hockey– Youth	6:00pm	Tennis Court
	Open Basketball	6:00pm	Gym
Saturday	Pickleball	10:30am	Gym
	Open Basketball	1:00pm	Gym

Please note that all fitness classes cost an additional fee that is not included in a Bay Oaks membership. Members save 20% on all classes. Cash or check only accepted, no charge cards. Fees vary by class.



Bay Oaks Recreation Center

2731 Oak St.

Fort Myers Beach, FL, 33931

(239) 765-4222

www.bayoaksrec.org

